

# 2021 Cheerleading Tryout Candidate's Guide

## Tryout Timeline

**Interest Meeting:** Thursday, March 4, 2021 @ 6:00 p.m. (Zoom Meeting)

**Tryout Clinic:** Monday, March 29<sup>th</sup> and Tuesday, March 30<sup>th</sup>

Location: The Tryout Clinic will be held from 4:30 p.m.-6:30 p.m. in the TMHS Gym

**Mock Tryouts:** Wednesday, March 31<sup>st</sup>

Location: TMHS Gym and will be held from 4:30 p.m. - 6:30 p.m.

**Tryout Packets Due:** Wednesday, March 10<sup>th</sup> by 6:00 p.m. Emailed Electronically

**Cheer Tryout Recordings: Begin on Monday, April 5<sup>th</sup> 2021**

Candidates will draw a random number for tryout order during clinics. Tryout recording times will be assigned by the coach based on draw order.

**Teams Announced: April 16<sup>th</sup>:** Teams announced for teams without quarantined candidates.

## Tryout Clinics

1. Tryout clinics will cover and teach all tryout material.
  - Entrance
  - Jumps
  - Cheer
  - Dance
  - Tumbling
2. The final day of clinic will be a mock tryout.

### **COVID Mitigation:**

- Candidates may choose not to attend clinic for safety reasons. In this case, they are responsible for learning all material through the posted videos, and they acknowledge that they are giving up access to personalized feedback.
- All candidates must complete the Skyward wellness checker before clinics each day and will have their temperature checked upon arrival.

## Tryout Procedure

### **1. What to Wear**

- Plain white t-shirt
- Black shorts
- Plain white socks
- Cheer shoes or tennis shoes (all white)
- **HAIR MUST BE IN A NEAT PONYTAIL** with no bow in your hair
- No jewelry
- No fingernail polish

### **2. Submission Requirements**

- Tryouts will be submitted as recordings. All submissions must be recorded on campus as designated by the coach.
- Candidates may only record one time.
- Recording must begin with the candidate's number being held up for the camera.
- Submissions must be one continuous video with no breaks.
- Recordings must be uploaded titled as the candidate number before they leave the school property. If joined with a google account, the candidate's google account name should be temporarily changed to their tryout number until after the team is announced. (Job aid provided.)
- Candidates must submit the video that they recorded on campus. Submission of any other video will result in disqualification.
- Candidates are responsible for submitting their own videos before leaving campus.

### **3. Campus Recording Procedure**

- Candidates will be assigned recording times every 15 minutes based on their randomly drawn tryout number.
- Candidates may arrive no more than 10 minutes early to warm up.
- Only the candidate may enter the building (no family, friends, etc.)
- Each 15-minute window is split into 10 minutes of time in the recording space and 5 minutes for sanitizing after each candidate.
  - \* The 10 minutes in the recording space can be used however the candidate would like, but candidates can only record one time.
- All tryout submissions must be uploaded to Google Classroom before leaving campus after recording.

### **COVID Mitigation:**

- Candidates under district mandated quarantine for their original tryout date will be provided an opportunity to record their submission once their quarantine has ended and the student has been cleared to return by the district.
- All candidates must complete the Skyward wellness checker before clinics each day and will have their temperature checked upon arrival.

### **4. Tryout Procedure**

- The tryout must follow the following order:
  - \* Walk to cone
  - \* Spirit In
  - \* 3 Jumps
  - \* Perform Cheer
  - \* Perform Dance
  - \* Tumbling Skill
  - \* Exit

- Candidates may restart any section, but the recording must be done in one take, so restarts will be included in submission and affect scoring.